



SAMPLE ITINERARY: GUATEMALA ADVENTURE TRIP

This sample itinerary provides a general idea of how your trip will be structured. However, it is important to realize that the specifics of this itinerary are subject to change in accordance with the situation on the ground. A finalized itinerary will be sent to your group approximately 2 weeks before your trip.

Note: Breakfast and lunch on Days 2-7 are included; dinner is on your own.

Day 1 – Arrival in Guatemala and transport to Antigua

- You will arrive in Guatemala City, La Aurora Airport (GUA), where your Encountour Group Coordinator will meet you.
- You will be transported via private shuttle to your hotel in the town of Antigua, which is approximately one hour from the airport.
- Antigua is a charming, international and vibrant town, which has been ranked as a UNESCO World Heritage Site.

Day 2 – Antigua to Hot Springs, el Rio Dulce, and then to Livingston by boat

- Depart in a private shuttle from Antigua to Rio Dulce (Rio Dulce is approximately 4 hours from Antigua).
- On the way to Rio Dulce you will stop for a quick breakfast.
- Visit natural hot springs. Here you will have time to enjoy a nice walk and relax in the hot springs. Try swimming through both the cold and hot waterfalls!
- Next you will finish the drive to Rio Dulce. Upon your arrival, enjoy a local lunch.
- After lunch, you will take a one and a half hour boat ride to the *garifuna* town of Livingston, with some cool stops along the way.
- Upon arriving in Livingston, you will be taken to your hotel, where you will have a chance to take a shower and rest.
- Dinner in Livingston.
- Experience Livingston's famous nightlife--be sure to dance it up *garifuna* style!
- Overnight at Livingston.

Day 3 – Livingston, 7 Altares & Playa Blanca by boat, & Transfer to Flores

- Breakfast in the morning.
- A guide will meet you at your hotel and take you to the dock in Livingston. From there, you will take a boat to 7 Altares.
- In 7 Altares, you will walk through several small waterfalls, and then go for a swim next to the largest one.



- Next, you will take a boat ride to Playa Blanca, which is 30 minutes away from Altares.
- At Playa Blanca you will have time to lie out on the beach, play volleyball, or swim in the ocean.
- Lunch at Playa Blanca.
- You will take a boat back to Livingston, where you will have time to pickup your luggage. Luggage in hand, you will take a final boat ride to Rio Dulce, where the van will be waiting for you.
- Next you will drive to your hotel in the town of Flores, which is 5 hours away from Rio Dulce.
- Dinner in Flores.
- Overnight at your hotel in Flores.

Day 4 – Tikal Ruins full day

- Breakfast in Flores.
- You will be transported from Flores to the Tikal national park, which is another UNESCO World Heritage Site.
- Upon your arrival in Tikal, you will meet your professional tour guide, who will take you through some of the most spectacular ruins of the Mayan world!
- Lunch at the ruins.
- After the tour you will return to the town of Flores.
- Dinner in Flores.
- Overnight at your hotel.

Day 5 – Flores to Lanquin

- Breakfast in Flores.
- You will depart to Lanquin, in the district of Coban, which is approximately 7 hours from Flores.
- You will stop for lunch.
- Upon arriving at your hotel in Lanquin, you will have time to take a shower, rest up, and enjoy some free time with your group.
- Dinner in Lanquin.
- Overnight at your hotel.

Day 6 – Las Marias Cave, Tubing at Rio Cahabon, and Visit Semuc Champey (Lanquin)

- Breakfast at the hotel.
- You will depart from your hotel to Semuc Champey, which is a 30 minute drive.
- You will begin the day with some cave exploration.



- Next, you will take an inner-tube ride down the river.
- You will have some time to eat your box lunch, and then spend a few hours enjoying Semuc Champey's breathtaking scenery.
- After a long day, you will return to your hotel.
- Overnight at your hotel.

Day 7 – Lanquin to Antigua

- Breakfast at your hotel.
- You will depart from your hotel to Antigua, which is 7 hours away.
- During the drive to Antigua, you will stop for lunch.
- Once you arrive at your hotel, you will have a chance to relax, grab some food, and enjoy your last night in the beautiful city of Antigua.
- Dinner in Antigua.
- Overnight at your hotel.

Day 8 – Return Home

- You will be picked up at your hotel and transported to La Aurora Airport in Guatemala City.